



College of Osteopathic Medicine
SAM HOUSTON STATE UNIVERSITY

Element 9.9: Physical Health Services

Overview of Physical and Mental Health Services

Maintaining physical and mental health is priority as our students matriculate through SHSU- COM. It is common for medical students to seek health services and emotional support through the rigors of a medical education. The university has student health services confidential counseling services at the Huntsville campus and The Woodlands Center that are available to all SHSU students. SHSU-COM encourages students to recognize healthcare needs and seek appropriate care. SHSU-COM provides a list of physical and mental health resources in proximity to the SHSU-COM and University Campuses, as well as in the regions for assigned clinical rotations. Questions should be directed to the SHSU Student Counseling Center at 936-294-1720.

SHSU also offers a comprehensive health insurance plan entitled AHP for all students, which includes access to 24/7 telehealth services and virtual telemental health services by appointment. This means that students who have opted in to the health plan can receive medical and mental health care remotely, at any time of day or night, from the comfort of their own home or dorm room.

SHSU-COM understands that accessing in-person healthcare can be challenging, particularly during busy academic schedules. That's why we've partnered with [AcademicLiveCare](#) to provide easy and convenient telehealth services for our students. With just a few clicks, students can schedule a virtual appointment with a qualified healthcare provider and receive personalized care for their medical or mental health needs. <https://shsu-com.myahpcare.com/benefits>

- **9.9-3 Supporting Documentation**
 - List of Health Services Available to Students – [link](#)
 - Big Bend – [link](#)
 - Central Texas – [link](#)
 - Coastal Bend – [link](#)
 - Conroe – [link](#)
 - Houston – [link](#)
 - Nor-Lea – [link](#)
 - Piney Woods – [link](#)
 - Red River – [link](#)
 - Southeast Texas – [link](#)
 - Virtual Only Resources – [link](#)



College of Osteopathic Medicine
SAM HOUSTON STATE UNIVERSITY

CORE ROTATION SITE HEALTH RESOURCES

2023-2024

Physical Health Facilities



Physical Health Facilities

BIG BEND

Alpine Medical Center

Physical Health

Accepts most insurance plans

202 N 2nd St, Alpine, TX 79830

Monday – Friday: 8am – 6pm, Saturday: 8am - 1pm

Family Health Services of Alpine

pchsmedclinic.org

Physical Health

Accepts most insurance plans

1605 Fort Davis Hwy, Alpine, TX 79830

Monday – Fri: 7am – 12pm, 1pm – 5pm

432.837.4555

CENTRAL TEXAS

Hope Clinic*

<https://www.freeclinics.com/det/hope-clinic-Ennis>

Physical Health and Dental

805 West Lampasas, Ennis, Texas 75119

Monday-Friday: 8:00AM-5:00PM

972.923.2440

Medical Associates at Corsicana Crossings

<https://www.navarro-docs.com/medical-associates-of-navarro-county/new-pp-location/medical-associates-at-corsicana-crossing-915>

Physical Health

Accepts most insurance plans

3201 Corsicana Crossing Blvd. Corsicana, TX 75109

Monday-Friday: 8:00AM-5:00PM

903.872.6065

COASTAL BEND

Access Health*

<https://www.myaccesshealth.org/>

Physical Health

40 Austin Street, Richmond, Texas 77469

Monday-Friday: 7:00AM-7:00PM; Saturday: 8:00AM-12:00PM

281.342.4530

Fort Bend Premier Care

<https://fortbendpremiercare.com/>

Physical Health

Accepts most insurance

1505 Liberty St, Richmond, TX 77469

Monday-Friday: 8:30AM-5:00PM

281.342.9500

CONROE

Huntsville Pediatric and Adult Medicine

<https://www.mydrs.com>

Physical and mental health medication management

Accepts most insurance companies.

100 Medical Center Parkway, Suite 1000, Huntsville TX 77340

Monday-Thursday: 7:00AM-7:00PM; Friday: 7:00AM-12:00PM & 1:15PM-5:00PM; Saturday:
8:00AM-12:00PM

936.295.8000

Lone Star Family Health Center*

www.lonestarfamily.org

Medical, Dental and Counseling services.

Insurance or self-pay. Have financial services.

605 S. Conroe Medical Drive, Conroe, Texas 77304

Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch); After Hours Walk-In Monday-Friday:
5:00PM-9:00PM, Saturday: 9:00AM-1:00PM

440 Rayford Rd. Suite 150, Spring, Texas 77386

Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch)

13905 Grangerland Road, Conroe, Texas 77306

Monday: 3:00PM-7:00PM; Thursday: 8:00AM-12:00PM & 3:00PM-7:00PM

9516 West FM 1097, Suite 140, Willis, Texas 77318

Monday-Friday: 8:00AM-5:00PM (Closed 12-1 for Lunch)

936.539.4004

The SHSU Student Health and Counseling Center

<https://www.shsu.edu/dept/student-health-center/>

<http://campus-smiles.com/shsu>

Acute and preventive Health Services; Dental Clinic

1608 Avenue J, Huntsville, Texas 77341 (SHSU Main Campus)

Monday-Thursday: 8:00AM to 6:00PM; Friday 8:00AM-5:00PM

Monday-Friday: 8:00AM-4:00PM (Dental)

936.207.8472

HOUSTON

Houston Methodist

houstonmethodist.org

Medical, Dental and Counseling services.

Insurance or self-pay. Have financial services.

6565 Fannin Street, Houston, Texas 77030

24 hours

713.790.3311

Methodist (West)

18500 Katy Fwy, Houston, Texas 77094

24 hours

832.522.1000

18220 TX-249, Houston, Texas 77070

24 hours

281.737.1000

St. Luke's Health – Baylor St. Luke's Medical Center

stlukeshealth.org

Medical, Dental and Counseling services.

Insurance or self-pay. Have financial services.

1101 Bates Avenue, Houston, TX 77030

24 hours

832.355.1000

6720 Bertner Avenue, Houston, TX 77030

24 hours

832.355.2121

7200 Cambridge Street, Houston, Texas 77030

24 hours

832.354.1000

Memorial Hermann

memorialhermann.org

Medical, Dental and Counseling services.

Insurance or self-pay. Have financial services.

7600 Beechnut St, Houston, TX 77074

24 hours

713.456.5000

6411 Fannin St, Houston, TX 77030

24 hours

713.704.4000

10259 S Post Oak Rd, Houston, TX 77096

24 hours

713.222.2273

11800 Astoria Blvd, Houston, TX 77089

24 hours

281.929.6100

Memorial Hermann cont.

memorialhermann.org

Medical, Dental and Counseling services.
Insurance or self-pay. Have financial
services.

921 Gessner Rd, Houston, TX 77024 24
hours

713.242.3000

1635 N Loop W, Houston, TX 77008 24
hours

713.867.2000

NOR-LEA

Hobbs Hospital

<https://www.facebook.com/people/Eunice-Health-Clinic/100024343546079/>

Physical Health

Accepts most insurance plans

4900 N Lovington Hwy, Hobbs, NM 88240

24 hours

575.492.5000

Eunice Health Clinic

https://www.providence.org/locations/covenant-health/hobbs-hospital?ls=location&y_source=1_MTk5MDI2NTctNzE1LWxvY2F0aW9uLndiYnNpdGU%3D

Physical Health

Accepts most insurance plans

1109 Maine, Eunice, NM 88231

Monday – Thurs: 7am – 12pm, 1pm – 5pm, Friday: 7am - 12pm

575.394.1091

Legacy Medical Services

legacy-med.com

Physical Health

Accepts most insurance plans

1900 N Dal Paso St, Hobbs, NM 88240

Monday – Friday: 7:30am – 4pm

575.964.8550

PINEY WOODS

Nacogdoches Health Partners

<http://www.nachealthpartners.com/>

Physical Health

Accepts most insurance plans

4800 NE Stallings Dr. #109, Nacogdoches, TX 75965

Monday-Friday: 8:00AM to 5:00PM. Open Wednesday until 7:00PM

936.559.0700

East Texas Family Medicine

<http://www.easttexasfamilymedicine.com/>

Physical Health

Accepts most insurance plans

206 Gene Samford Drive, Suite B, Lufkin, TX 75904

Monday-Thursday: 8:00AM to 5:00PM & Friday: 8:00AM-12:00PM

936.634.3537

East Texas Community Health Services* (East Side Clinic)

<http://www.etchc.com/>

Physical Health

1309 South University Drive, Nacogdoches Texas 75961

Monday-Friday: 8:00AM-7:00PM

936.560.5668 ext.1100

East Texas Community Health Services* (Lufkin Medical Clinic)

<http://www.etchc.com/>

Physical Health

1316 Lakeview Drive, Lufkin, Texas 75904

Monday-Friday: 8:00AM-5:00PM

936.899.7214

East Texas Community Health Services* (West Side Dental Clinic)

<http://www.etchc.com/>

Dental Clinic

1210 Douglas Road, Nacogdoches, Texas 75964

Monday-Friday: 7:30AM-5:00PM

Number not provided

East Texas Community Health Services* (Lufkin Dental Clinic)

<http://www.etchc.com/>

Dental Clinic

205 Shands Drive, Lufkin, Texas 75904

Hours not provided

Number not provided

Burke Center* (Lufkin)

<https://myburke.org/>

Physical Health

1522 West Frank, Lufkin, Texas 75904

Monday-Friday: 8:00AM-5:00PM

936.630.3799

Burke Center* (Nacogdoches)

<https://myburke.org/>

Physical Health

3824 North University Drive, Nacogdoches, Texas 75965

Monday-Friday: 8:00AM-5:00PM

936.558.6200

RED RIVER

Wadley Regional Medical Center

wadleyhealth.org

Physical Health

Accepts most insurance plans

1000 Pine St, Texarkana, TX 75501

24 hours

903.798.8000

Texarkana Emergency Center & Hospital

texarkanaemergencycenter.com

Physical Health

Accepts most insurance plans

4646 Cowhorn Creek Rd, Texarkana, TX 75503

24 hours

903.838.8000

Collom & Carney Clinic

ccahealth.com

Physical Health

Accepts most insurance plans

5503 N State Line Ave, Texarkana, TX 75503

24 hours

903.794.7874

Exceed Health Clinic

exceedhealthclinic.com

Physical Health

Accepts most insurance plans

3725 Mall Dr, Texarkana, TX 75501

Monday – Friday: 8am – 12pm, 1pm - 5pm

903.306.0001

RIO GRANDE VALLEY

Harlingen Family Care Clinic

<https://www.harlingenfamilycareclinic.com/>

Physical Health

512 Victoria Ln., Suite 7

Harlingen, TX 78550

Monday- Friday: 8am-5pm

956-242-0910

Family Physicians Valley Night Clinic

<https://familyphysiciansclinic.com/>

Physical Health

606 S. Broadway Ave.

McAllen, TX 78501

Monday-Friday: 8am-5pm and 6pm-11pm, Saturday 8am-12pm

(956) 682-4515.

SOUTHEAST TEXAS

CHRISTUS Family Medicine (Port Arthur)

<https://www.christushealth.org/locations- directions>

Physical Health

Accepts most insurance plans

8445 Memorial Boulevard, Suite 500, Port Arthur, TX 77640 Monday-

Friday: 7:30AM-4:00PM

409.982.6461

CHRISTUS Family Medicine (Beaumont)

<https://www.christushealth.org/locations- directions>

Physical Health

Accepts most insurance plans

3030 North Street, Suite 420, Beaumont, TX 77702 Monday-Friday:

7:30AM-4:00PM

409.835.2900

Gulf Coast Health Center* (Port Arthur)

www.gulfcoasthc.org

Medical and Dental Services

2548 Memorial Blvd, Port Arthur, Texas 77640

Monday-Friday: 7:00AM-8:00PM

409.983.1161

Legacy Community Health* (Beaumont)

<https://www.legacycommunityhealth.org/>

Medical and Dental Services

450 North 11th Street, Beaumont, Texas 77702

Monday-Friday: 8:00AM-5:00PM

409.242.2577

VIRTUAL ONLY RESOURCES

AcademicLiveCare

<https://academiclivecare.com/>

Provides easy and convenient telehealth services for SHSU-COM students who have AHP. Schedule a virtual appointment with a qualified healthcare provider and receive personalized care for their medical or mental health needs. <https://shsu-com.myahpcare.com/benefits>